Results of flight attendant health study published

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In March 2014, the public health journal “Environmental Health” published the research findings of a flight attendant health study. The research identified higher-than-expected rates of (self-reported) chronic bronchitis and other pulmonary conditions, certain cardiac conditions, hearing loss, certain cancers, depression/anxiety, and sleep disorders among flight attendants when compared to the general US population. Some of these health conditions are more prevalent as tenure increases (e.g., higher rates of certain cardiac/pulmonary conditions after being on the job for longer). The study also identified what appear to be highly elevated rates of symptoms that could not be compared to the US population data, but were serious enough to require medical attention, including musculoskeletal pain and certain neurological symptoms (severe headache, numbness/tingling, memory loss, and lack of concentration).

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